## 20 Toxic Ingredients to Avoid

Beauty and personal care products can contain toxic chemicals that we absorb, inhale, and ingest daily.

Always check the ingredient list to avoid the below!



(look for nonylphenol, octylphenol, hectaphenol)

Benzophenone

**Butylated compounds (BHA, BHT)** 

Carbon black
Diazolidinyl urea
DMDM hydantoin
Parabens

Parabens

Ethanolamines (DEA, TEA, MEA)

Formaldehyde

Fragrance, parfum

Homosalate

Octinoxate

**PTFE** 

**Phthalates** 

o, m and p-phenylenediamine

Quaternium-15

Resorcinol

**Toluene** 

Triphenyl phosphate (TPP, TPHP)

S Campaign for Safe Cosmetics

The Campaign for Safe Cosmetics leads the movement to make beauty and personal care products safer for all.

www.safecosmetics.org