20 Toxic Ingredients to Avoid

Beauty and personal care products can contain toxic chemicals that we absorb, inhale, and ingest daily. Always check the ingredient list to avoid the below!

- Acrylates (EMA, MMA)
- Alkylphenols (look for nonylphenol, octylphenol, hectaphenol)
- Benzophenone
- Butylated compounds (BHA, BHT)
- Carbon black
- Diazolidinyl urea
- DMDM hydantoin
- Parabens
- Ethanolamines (DEA, TEA, MEA)
- Formaldehyde
- Fragrance, parfum
- Homosalate
- Octinoxate
- PTFE
- Phthalates
- o, m and p-phenylenediamine
- Quaternium-15
- Resorcinol
- Toluene
- Triphenyl phosphate (TPP, TPHP)

The Campaign for Safe Cosmetics leads the movement to make beauty and personal care products safer for all. www.safecosmetics.org

Beauty and personal care products can contain toxic chemicals that we absorb, inhale, and ingest daily. Always check the ingredient list to avoid the below!